



7th Annual Notre Dame Turkey Day 5K Run & Walk

to benefit ND Scholarship Fund & Tuition Assistance Initiatives

Thanksgiving Morning: November 28, 2019 9 a.m. start

Notre Dame High School, 1400 Maple Ave., Elmira NY

\$25 pre-registration

\$30 race day

\$15 Registration for NOTRE DAME HS Students

includes T-shirt for first 500 registrants. Register by Oct. 31st to guarantee your size!

Packet pick up & On-Site Registration – ND Gym

Wednesday, November, 27st 5-7 p.m. and

Thursday, November 28th starting at 7:30 a.m.

COURSE: Gun and chip-timed flat, road race: begin at Notre Dame parking lot (near the tennis courts), Maple Avenue, to Milton Street, Fisher Drive, Schuyler Avenue, back on Maple to finish at Notre Dame.

PRIZES for TOP 3 FINISHERS in each age bracket and for overall Male/Female!

Sponsorship Opportunities? Volunteer Opportunities? Questions? Contact RACE DIRECTORS
Karen Charnetski & Steve Eller @ TurkeyDay5K@notredamehighschool.com

2019 Notre Dame Turkey Day 5K — REGISTRATION & WAIVER

- ☐ Pre-registration @ \$25
- ☐ Notre Dame HS student @ \$15
- ☐ **\$30 Race Day**

Please make check payable to Notre Dame High School: **memo Turkey Day 5K**

Send to Notre Dame High School, 1400 Maple Avenue, Elmira, NY 14904

NAME: _____

AGE: _____ ☐ MALE ☐ FEMALE

NOTRE DAME HS ALUMNI? ☐ NO ☐ YES, Class of _____ Maiden Name _____

HIGH SCHOOL RUNNER? ☐ NO ☐ YES, School _____

ADDRESS: _____

PHONE: _____ EMAIL: _____

T-SHIRT SIZE: *(NOTE: t-shirts are guaranteed to the first 500 registrants)*

☐ Youth M ☐ Youth L ☐ Adult S ☐ Adult M ☐ Adult L ☐ Adult XL ☐ Adult XXL

Waiver & Release: I agree that any and all representations, releases, waivers, covenants, consents and permissions given by me under this Waiver and Release (the "Release") are given on behalf of me and any and all of my minor children or persons whom I have guardianship participating in or attending this event (the "Event"). I give Notre Dame High School ("Notre Dame"), the right to use, for any purposes whatsoever and without compensation, (i) any photographs, videotapes, audiotapes, or other recordings of me that are made during the course of this event; and (ii) the results of my participation in this Event (e.g., race time, name, participant number). I understand that (i) my consent to these provisions is given in consideration for being permitted to participate in the Event; (ii) I may be removed from this Event if I do not follow all the rules of this Event; and (iii) I am a voluntary participant in this Event. I am in good physical condition and am solely responsible for my personal health, safety and personal property. I know that this Event is a potentially hazardous activity and I hereby voluntarily assume full and complete responsibility for, and the risk of, any injury or accident that may occur during my participation in this Event. I, for myself, my heirs, administrators, and executors (collectively, "Releasers"), hereby release and hold harmless and covenant not to file suit against: (i) Notre Dame and their respective directors, officers, volunteers, agents and employees; (ii) any event sponsors; (iii) the State of New York, the County of Chemung, the City of Elmira, the Town of Southport and their respective Legislators, officers and employees; and (iv) all other persons or entities associated with the event (collectively, the "Releasees") for any injury or damages I might suffer in connection with my participation. I understand that this Event takes place on public roads not closed to traffic. This release applies to any and all loss, liability, or claims I or my Releasers may have arising out of my participation in the Event, including but not limited to, personal injury or damage suffered by me or others, whether such losses, liabilities, or claims be caused by falls, traffic or conditions of roads, weather, contact with and/or the actions of other participants, contact with objects, contact with animals, Releasee's own negligence, conditions of the Event premises, risks not known to me or not reasonably foreseeable at this time, or otherwise, all such risks being known and appreciated by me. This release shall be construed under the laws of the State of New York. In the event any provision of this Release is deemed unenforceable by law, (i) Notre Dame shall have the right to modify such provision to the extent necessary to be deemed enforceable; and (ii) all other provisions of this Release shall remain in full force and effect. I execute this Release voluntarily without any inducement, assurance or guarantee being made to me and intend my signature to be a complete and unconditional release of liability to the greatest extent allowed by law.

SIGNATURE: _____ DATE: _____